

Pau D'Arco

(*Tabebuia altissima*)

"What is new is not necessarily true,
what is true is not necessarily new."

by Louise Tenney

Pau D'Arco has been proven to be a true herb, but not a new one. It is one of the medicinal plants discovered in 1977 and was known earlier by the Indians. It was re-discovered about twenty years ago by two physicians into the white man's medicine, doctors Teodoro Meyer and Prats Ruiz, who have been treating and using this herb with fantastic results. The Brazilian newspapers and magazines devote whole pages to the marvellous cures attributed to Pau D'Arco.

Dr. Prats Ruis tells of a woman living on the La Carona Sugar Plantation suffering from cancer of the womb. She was in such pain that she had wished to throw herself under the train that passed close by her home. After taking the herb for ten days, the constant bleeding stopped and she no longer experienced pain. The doctor who attended her says that she is now perfectly well.

Many doctors in Brazil recommend Pau D'Arco as a therapeutic herbal tea. It is used in some hospitals and clinics, and the public buys it in herb shops and pharmacies. Under the direction of Dr. Teodoro Meyer, Pau D'Arco has been distributed to cancer patients throughout Argentina and to doctors in such cities as Buenos Aires, Mar del Plata, La Rioja and Tucuman. Dr. Meyer says the herb heals wounds, combats infection, stimulates the appetite and acts as a general tonic. However, it is among those regarded as hopeless by traditional medicine that the doctors have found Pau D'Arco winning an unusual war against the sources of illness and generating stories of fantastic cures.

Pau D'Arco is said to give the body greater vitality by strengthening its organic defences. It revitalizes the body, helping to create new normal cells. It increases resistance to diseases and creates a feeling of well-being. It also seems to help in elimination of pain.

The Dietemann Research Foundation, Inc. in Los Angeles, California found in extract samples that Pau D'Arco is stimulating to the alimentary tract through the rectum and then back to the liver, gall bladder and sweat glands. The sweat glands are relief valves for the stomach, lungs and heart. The stimulation of this herb helps keep these glands open and operating and will help eliminate problems stemming from the stomach, lungs and heart as well as warns the body when the adrenal glands are under stress.

In South America and the United States the following dysfunctions have been claimed to be greatly aided by Pau D'Arco:

ANEMIA	LEUKEMIA
ARTERIOSCLEROSIS	LUPUS
ASTHMA	PARKINSON'S DISEASE
BLOOD BUILDER	PAIN, RELIEVES
BRONCHITIS	PYORRHEA
CANCER, ALL TYPES	RHEUMATISM
COLITIS	RINGWORM
DIABETES	SPLEEN INFECTIONS
ECZEMA	TONIC
GASTRITIS	ULCERS
GONORRHEA	VARICOSE VEINS
INFECTIONS	WOUNDS

This fascinating herb is taken from the inner bark of the tall tree called Lapacho. It is an ozoniferous plant; it grows mostly in places where there is ozone. Ozone air is fresh and pure and free from pollution, smog, exhaust, smoke and pesticides. This bark contains a high percentage of iron, which is easily assimilated. It is said that it can be taken in massive doses without fear and may be combined with any other medication. It can be used with children as well as adults. In Dr. Meyer's wide experience with this herb he says that in all cases treated, the gradual elimination of pain appears after a few days of treatment.

There are people in the United States with similar experiences. One woman in Utah who has been suffering with cancer for over a year started taking the tea and she found relief within a twenty-four hour period. She said that this was the first time she had felt human in months. She continues to take the tea daily and after several weeks is still free from pain. It is too soon to know what benefit it is doing to eliminate her cancer, but if she can get relief from pain without taking drugs I am sure she will always be grateful.

I spoke to a man in Florida who has used the herb Pau D'Arco for several months. He was diagnosed as having prostate cancer, and had suffered with it for over a year. He told me that he used the herb for thirteen days and noticed a feeling of well-being, but he really noticed the benefits of the herb when he stopped eating white sugar products and started taking vitamins and minerals along with his diet. It was then only fifteen days that he really noticed a change in his health. When I spoke with him in March 1982 he told me that he was told by his doctors that his cancer is now completely gone.

A man from Illinois had suffered from a gum disease called pyorrhea which caused him a great deal of pain. It usually developed into an abscess which meant a trip to the dentist where he lanced and drained the abscess and put him on antibiotics. He was really worried because pyorrhea ends up in loose teeth which usually ends up having to pull them. This man came across Pau D'Arco in November 1981, and after using it for twenty-four hours found amazing results. The pain subsided, the swelling went down, and the pus pocket was gone. He was then convinced of the value of Pau D'Arco and was no doubt thrilled to have been able to save his teeth.

Whether it is called Taheebo, Ipe Roxo, Pau D'Arco or by any other name, its curative powers have brought such relief to hundreds of people with untold suffering that it is no wonder in Brazil they call it the Divine Tree. The many people who have found relief from using Pau D'Arco do not necessarily care that this is not a new herb but they are very grateful that it is a true herb to its curative powers.

Taheebo- A Herb for All Reasons

Taheebo is the most impressive herb I have come across in my seven years of research. Most of the herbs that claim to help in fighting cancer say to never mix herbs and synthetic prescription drugs together at the same time. Research on Teheebo in South America claims that it helps reduce counteractions to antibiotics allowing other medicines to work effectively in reducing the danger of toxic effect upon the liver. In other words, it can be used with other medicines without side effects.

A medical doctor from Santo Andre, Brazil, heard about Teheebo, took the bark, boiled it in white wine, mixed the still hot brew with orange juice and took it to the Santo Andre Municipal Hospital where his brother was dying of cancer. He noticed that his pain immediately disappeared and he was able to sleep soundly. After taking Taheebo for a month, he was discharged from the hospital. A thorough examination found that he had no trace of cancer remaining.

I talked to a woman in Oregon who has a friend with diabetes and kidney failure, and had almost died three times. The doctors were really concerned because his whole body chemistry was way off balance. After taking a cup of Teheebo tea for ten days his body chemistry was normal. The doctors couldn't believe his turnabout, for they hadn't expected him to live for very long.

Another woman from Oregon claims that the malignant tumors in her bladder disappeared after using this herb. She said it was confirmed by her doctor at Kaiser Hospital. Another man attributes this same herb to healing the cancer on his face, and at the same time during his arthritis.

This may indeed sound incredible, but it only confirms the work that is being done in South America by Doctors Teodoro Meyer and Prats Ruiz. They have been working with this herb for years and have reported excellent results with terminally ill patients. Dr. Meyer states that several doctors have confirmed surprising results of cures for leukemia and rheumatism, and improvement in many cases of cancer. They certainly weren't doing this for money, for they were paying for this herb out of their own pockets.

The results were so amazing that these cures spurred further research at the University of Illinois confirms the research in Brazil, and the claim that Taheebo does indeed contain a substance to be highly effective against cancers.

While many herbs are credited with properties that stop cancer growth, it is said that Taheebo contains compounds which seem to attack the cause for the disease. Taheebo contains a compound called *quechua*; a powerful antibiotic with virus-killing properties. These properties were found by Dr. Meyer to eliminate pain almost immediately as well as multiply the amount of red corpuscles.

Taheebo is the Indian name for the inner bark of the Tabebuia tree, found only in the mountains of the Andes. It also goes by the name *Ipe Roxo*, the Portugese name, or *Tabebuia*, the Spanish name.

This bark is used by the descendants of the Inca medicine men to cure cancer and many other diseases.

This herb is found to be a powerful tonic and blood builder. It strengthens the organic defenses to give the body vitality. It revitalizes the body by creating new vital elements and new normal cells. It also is said to increase resistance in the body and regulate its overall function while improving the appetite.

Taheebo is said to be a valuable preventative and curative agent for somatic illnesses. It is a detoxifier, and it works upon the nervous system, especially the autonomic, to help in insomnia and anxiety states.

It is said that its one main action is that it puts the body in a defensive posture, to give it the energy needed to defend itself and to help resist diseases.

It is said that the malignant germs that cause almost all diseases cannot withstand the antibiotics of this tree. Taheebo is an analgesic sedative, decongestant, diuretic and hypotensive. It is said to heal wounds and combat infection. These properties justify the reasons it is being prescribed for leukemia, cancer, anemia, gastritis, gastric or duodenal ulcers, rheumatism and diabetes.

Taheebo contains a high percentage of easily assimilable iron. It also aids in the proper assimilation of nutrients, and elimination of wastes, which is vital in the treatment of any illness.

Taheebo is indeed an impressive herb...."a herb for all reasons".

LOUISE TENNEY

Directions:

1. Store tea in a glass jar and use packaging paper as a liner for the inside of the lid.
2. Use glass or stainless steel container to brew tea (*No Corningware*). Use one level tablespoon for 3 cups of water (distilled or filtered water). Stronger tea may aggravate liver congestion.
3. Use stainless steel spoon to measure tea to add to boiling water. *5 minutes boil, 20 minutes simmer*.
4. It is recommended that this tea be used to replace any other beverage (6-8 cups a day).
5. Drink this tea between meals on empty stomach.