



# Prime Health Products Order Form

133 The West Mall, Unit 8  
 Toronto, Ontario, Canada M9C 1C2  
 Tel: 416-248-2930 Fax: 416-248-0415  
 Please print out/complete this form, then send by fax or mail

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_  
 Province: \_\_\_\_\_ ZIP Code: \_\_\_\_\_  
 Telephone Number: \_\_\_\_\_

| Product Name and Description  | Unit Price (US\$) | Qty                | Total (US\$) |
|---|-------------------|--------------------|--------------|
| <b>Chinese Bitters</b> – for liver cleansing and decongestion, stimulation of digestive fluids, and hormone balancing. Comes in 250mL bottles.  | \$27.95           | _____              | _____        |
| <b>Gold Coin Grass (GCG)</b> - for crushing and softening gallstones to facilitate flushing. Comes in 250mL bottles.  | \$25.95           | _____              | _____        |
| <b>Coptis</b> - Stimulates bile flow; helps people who have had their gallbladders removed. Extremely bitter. Comes in 250mL bottles.   | \$31.95           | _____              | _____        |
| <b>Curcuma</b> - Strengthens energy circulation; helps sleep and depression. Comes in 250mL bottles.  | \$25.95           | _____              | _____        |
| <b>Meta Plus</b> - Strengthens spleen, liver and kidneys, helps allergy, and "Chi" (energy flow). Comes in 250mL bottles.   | \$25.95           | _____              | _____        |
| <b>Fem Mate</b> - for female hormone balancing, PMS, menopause and other women's problems. Comes in 250mL bottles.  | \$25.95           | _____              | _____        |
| <b>Chrysanthemum</b> - for cold and flu, headaches; helps asthma; lung strengthening. Comes in 250mL bottles.   | \$25.95           | _____              | _____        |
| <b>Herbal Mouthwash</b> - for gum disease, bad breath, sensitive teeth, plaque prevention. Comes in 500mL bottles.  | \$16.95           | _____              | _____        |
| <b>“Mu Shang” Herbal Deodorant.</b> All-natural, aluminum-free deodorant. Comes in 50mL bottles.  | \$11.95           | _____              | _____        |
| <b>Taheebo (Pau D'Arco) Tea</b> - Strengthens spleen, helps blood circulation, diabetes, cysts, tumors. Comes in 1lb bags.  | \$18.95           | _____              | _____        |
| <b>Kidney Tea</b> – cleanses and strengthens kidneys. Comes as a set of 3 separate 1-lb packages: GCG, Cornsilk, and Eucommia.  | \$36.95           | _____              | _____        |
| <b>Shou Wu Tea</b> - for liver, kidney and adrenal strengthening, as well as incontinence. Comes as 3 separate herbs: Shou Wu, Ligustrum, and Achyrantes Root, in 3 separate packages of 1 to 1.3lb size. | \$36.95           | _____              | _____        |
| <b>Y-Dan Exercise Video DVD</b> - a simple alternative to Tai Chi.  | \$22.95           | _____              | _____        |
| (See page 2 for shipping information)   |                   | Shipping _____     |              |
|   |                   | Subtotal _____     |              |
| All prices are in US dollars.   |                   | <b>Total</b> _____ |              |

**Credit Card:** #: \_\_\_\_\_ Expiry (MM/YY) \_\_\_\_ / \_\_\_\_ CVV\*: \_\_\_\_  
 Type of card (Visa or MasterCard only): \_\_\_\_\_ Name on card: \_\_\_\_\_

**Special Instructions:** \_\_\_\_\_

\* The CVV code is the small 3-digit code on the back of your credit card.  
 Note: we cannot accept personal cheques from outside Canada, but we can accept Visa, Mastercard, or international money order.

## Shipping Charges

The easiest way to calculate shipping costs is to use the on-line store on our website at <http://www.sensiblehealth.com>. You can use the store to calculate shipping costs even if you don't submit the order or enter your credit card. Alternatively, you could ask us for a shipping price quote via telephone at 416-248-2930, or by using our contact form on our website at <http://www.sensiblehealth.com/ContactUs.xhtml>.

If you would prefer to calculate shipping costs yourself, you can download the Canada Post parcel shipping price guide at <http://www.canadapost.ca/tools/pg/prices/SBParcels-e.pdf>, and determine the cost for shipping from Ontario, Canada to your address. In order to use the shipping price guide, you need to know the weights of the shipment. The following is a chart for orders which contain only herbal tinctures:

| <b>Number of bottles of herbal tincture</b> | <b>Weight (including packaging)</b> |
|---|-------------------------------------|
| 1 bottle                                    | 0.7kg                               |
| 2 bottles                                   | 1.0kg                               |
| 3 bottles                                   | 1.5kg                               |
| 4 bottles                                   | 1.9kg                               |
| 5 bottles                                   | 2.5kg                               |
| 6 bottles                                   | 2.9kg                               |
| 7 bottles                                   | 3.4kg                               |
| 8 bottles                                   | 3.7kg                               |
| 9 bottles                                   | 4.1kg                               |
| 10 bottles                                  | 4.6kg                               |
| 11 bottles                                  | 5.1kg                               |
| 12 bottles                                  | 5.5kg                               |
| 13 bottles                                  | 6.0kg                               |
| 14 bottles                                  | 6.5kg                               |
| 15 bottles                                  | 7.1kg                               |

If you purchase items other than herbal tinctures, their weights can be determined from the following chart:

| <b>Item</b>               | <b>Weight</b> |
|---------------------------|---------------|
| Prime Herbal Mouthwash    | 0.6kg         |
| Mu Shang Herbal Deodorant | 0.1kg         |
| Taheebo Tea               | 0.6kg         |
| Kidney Tea                | 1.7kg         |
| Shou Wu Tea               | 1.7kg         |
| Y-Dan DVD                 | 0.1kg         |

If you are placing a mixed order, you could add the weights from the two charts together to get a fairly accurate shipping weight estimate.